

# WEEKLY CLEANING SCHEDULE

*Monday* KITCHEN

- Clean microwave
- Wipe down fridge + dishwasher
- Wipe down trash cans
- Baking soda + vinegar in sink drains
- Take out trash cans

*Tuesday* LIVING ROOM

- Dust shelves and tabletops
- Wipe down light switches
- Wipe down baseboards/air return

*Wednesday* SEASONAL/  
CATCH-UP

- Complete everyday tasks + monthly/seasonal tasks as needed
- Laundry: Clothes

*Thursday* BATHROOM

- Clean tub + shower
- Wipe down sink and counter
- Restock toiletries
- Clean toilet
- Take out trash

*Friday* FLOORS

- Vacuum rugs
- Vacuum under couch cushions
- Mop all floors

*Weekend* RESET

- Clean out fridge + wipe down shelves
- Grocery shopping
- Meal prep
- Laundry: Sheets & towels

*Every Day*

- Make beds
- Empty dishwasher
- Sweep floors
- Quick tidy
- Run dishwasher
- Refill dog water + food

*m t w th f s s*

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